

Starters

Marinated Octopus Salad with onions, red peppers, coriander and toasted baguette	£8.25
Mackerel Paté with gherkins, lemon oil dressing and toast	£7.95
King Prawns sautéed in shallots, garlic and white wine	£10.25
Pan Fried Scallops with pea purée, micro salad, balsamic reduction and parsnip crisps	£11.95
Slow Roasted Crisped Pork Belly with mild mustard and apple compote	£7.95
Goats Cheese & Beetroot Salad with sun blushed tomatoes, walnuts & a lemon & honey dressing v	£7.95
Potato Gnocchi with rocket pesto, sun blushed tomatoes, toasted almonds and grated lemon rind v	£7.95
Tomato and Mozzarella Salad with mixed olives and balsamic dressing v	£6.45
Saffron and Mixed Seafood Risotto with sun blushed tomatoes and parmesan shavings	£7.95
Served as a main course	£14.75

Main Course

Pan Roasted Cod Fillet with fondant potato, tender stem broccoli and black olive tapenade	£18.75
Salmon En Croute with spring onion mashed potato and a watercress and white wine sauce	£16.95
Sea Bream Fillet with Mediterranean vegetables, roasted red pepper dressing and salsa verde	£17.25
Chargrilled Cajun Swordfish with a new potato and green bean salad and mango salsa	£17.25
Welsh Lamb Cutlets with gratin potato, minted carrots and rosemary jus	£18.95
Confit Duck Leg with braised red cabbage, mashed potato and red wine jus	£16.25
Chargrilled Rib-Eye Steak with truffle butter, French fries and mixed leaf salad	£24.95
Aubergine Alla Parmigiana with lightly spiced tomato & Provencal vegetable ragu and a cucumber and rocket salad v	£14.25

Side Orders

French fries	£3.75	Mixed vegetables	£3.75
Mashed potato	£3.75	Mixed salad	£3.75
Wilted spinach	£3.95		

Desserts

Chocolate Fondant with vanilla ice cream (please allow 12 minutes)	£6.95
Red Berry Summer Pudding with mascarpone and strawberry coulis	£6.25
Sticky Toffee Pudding with white chocolate ice cream	£6.25
Vanilla Panna Cotta with cognac flambéed prunes	£6.25
Strawberry Cheesecake	£6.25
Blackberry and Apple Crumble with custard	£6.25
Trio of Sorbets (Mango, Lemon & Raspberry)	£6.25
Selection of Cheeses with celery, grapes, fig marmalade and water biscuits	£8.95

If you have any allergies or dietary requirements please let your server know

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